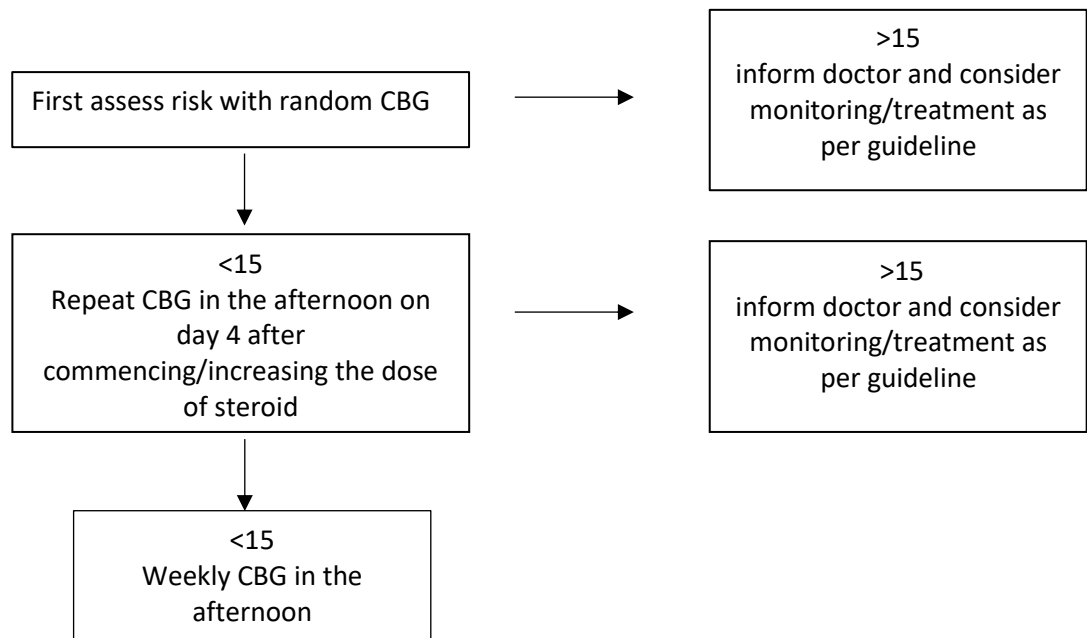


Appendix 8: Steroid initiation/monitoring form

Name:
DoB

Date	Dose of steroid	Indication	Review date	Comments

If starting/increasing steroids or admitted already on steroids



Remember...

- Consider treatment as per T2DM if CBG >15 using clinical judgement and reference to full guidance.
- If increasing dose of steroids then need to reassess from the top of the flow chart with a random CBG as the risk of steroid induced diabetes is dose dependant.
- Consider that if the dose of dexamethasone is reduced, and the patient is on antidiabetic medication, the dose may need to be reduced.
- Always try to keep the patient on the minimum possible steroid dose.
- Doctor to note on drug chart when 'Day 4' CBG needs to be tested after initiating or changing dose of dexamethasone.
- Consider treatment as per T2DM if CBG >15 but use clinical judgement and refer to full guidance

