

# Managing Chronic Breathlessness

## Quick Links and QR Codes

### Link for Heart Failure



[https://bshpathway.org.uk/about\\_the\\_pathway.html](https://bshpathway.org.uk/about_the_pathway.html)

### COPD



<https://www.blf.org.uk/support-for-you/copd>

### Asthma



<https://www.blf.org.uk/support-for-you/asthma>

### Interstitial Lung Disease



<https://europeanlung.org/en/information-hub/lung-conditions/interstitial-lung-disease/>

### Breathing Pattern Disorder



[physiotherapyforbpd.org.uk](https://physiotherapyforbpd.org.uk)

### Lung Cancer



<https://www.blf.org.uk/support-for-you/lung-cancer/what-is-it>

### Pulmonary Vascular Disease



<https://www.blf.org.uk/support-for-you/pulmonary-vasculitis>

### Anxiety & Breathlessness link



[blf.org.uk](https://www.blf.org.uk)

### Obesity/Physical deconditioning



<https://www.blf.org.uk/support-for-you/breathlessness/causes>

### Long Covid



<https://www.blf.org.uk/support-for-you/long-covid>

### How to use the links

If **viewing as a pdf file** simply click on the link at the bottom of each box to take you to the relevant page.

If **viewing a printed document** use your phone to scan the codes to go directly to the links.

#### TIP:

With so many codes to scan you may find it easier to cover the ones you do not want on phones that are set to automatically scan.